

2025 to 2026 flu season

Which flu vaccine should children have?

The following vaccines are suitable for children and this chart indicates which vaccine is recommended by age for this season

LAIV nasal spray

Live attenuated influenza vaccine, nasal spray suspension
Available to order from ImmForm

IIVc injection

Cell-cultured inactivated influenza vaccine
Available to order from ImmForm

IIVe injection

Egg-cultured inactivated influenza vaccine
Not supplied by ImmForm

What is the child or young person's age?



(i) Aged 2 years on 31 August 2025, unless in a clinical risk group.
 (ii) If the parent of an eligible child declines LAIV because of its porcine gelatine content, they can request an alternative injectable vaccine. IIVc is available to order from ImmForm for these children.
 (iii) IIVe is not supplied by ImmForm.
 (iv) Or a child who is a household contact of an immunocompromised individual.

Note that IIVx is used on this resource to denote all inactivated influenza vaccines, regardless of how many virus strain antigens are included in the vaccine this season. All vaccines used for the 2025 to 2026 season are trivalent.

Resources

- Green Book Influenza Chapter 19
www.gov.uk/government/publications/influenza-the-green-book-chapter-19
- Annual flu programme
www.gov.uk/government/collections/annual-flu-programme