

An introduction to...



Alcohol and drug services
for young people and adults
across Leeds

About Us

Forward Leeds is the alcohol and drug service for Leeds. We help people choose not to misuse alcohol and drugs and reduce risk taking behaviour through dedicated prevention, intervention and support.

We also support people to help them achieve and sustain recovery from alcohol and drug misuse through a range of treatments.

As Forward Leeds is a single organisation offering a complete choice of services we are able to provide help to anyone no matter how simple or complex their needs.

We deliver the same range of services across Leeds from three hubs. In Seacroft, Armley and Kirkgate in the city centre.

Our dedicated Single Point of Contact phone service, which handles 24,000 calls a month, can also offer support over the phone.

Working with clients

Our experienced and professional teams work with individuals to plan their own recovery journey from drugs and/or alcohol.

This might be fast track work or longer term active recovery work. All clients are allocated a key worker to support them throughout their treatment.

The services we offer people coming into treatment include:

- One-to-one support
- Structured group therapy work on a range of topics
- Support for family members - involving them in recovery when appropriate
- Health and wellbeing checks, health screenings, blood testing and vaccinations from our medical team
- Support on reducing the harm of drugs and overdose prevention
- Substitute medication for certain drugs
- Detox within the community/at home or at a rehab centre
- Peer mentors for additional support
- Specialised support for those with complex needs such as housing,
- enduring mental health issues or pregnancy.

In the community

We work across Leeds attending events, making links into the local community and training other organisations on issues around drugs and alcohol.

This includes working out of 40+ GPs surgeries, health centres and hospitals across the Leeds district.

Young People

We have a dedicated Young Person's Service who work with local schools and community groups as well as young people and their families to provide specialist support.

Harm Reduction

Our harm reduction team work to minimise the harm that drugs and alcohol can cause, focussing on those that are currently injecting or drinking at hazardous levels.

As well as being in the hubs they work in an assertive outreach programme and with 17 needle exchange across Leeds.

Sustained recovery

Forward Leeds also operates 5 WAYS @ the Recovery Academy. This is a place for people in recovery and those who are coming to the end of their treatment.

It provides a safe and comfortable environment for people to gain support, advice and guidance. It runs a range of courses from yoga to IT Skills to help people to stay focussed on their recovery.

5 WAYS and Forward Leeds offer advice and guidance around education training and employment for those ready to take the next steps in their recovery. This includes support in applying for courses and jobs.

You can call us on 0113 887 2477

9am - 5pm Monday – Friday

Visit our website: www.forwardleeds.co.uk

Email us