

Wakefield Integrated Sexual Health Service  
and Sexual Health Prevention & Outreach

# Information for Primary Care Referrers



Wakefield Integrated Sexual Health (WISH) Service brings together GPs, sexual health service providers and local authority across the Wakefield district to offer a joined up service delivering advice, training and referral for better sexual health.

## How do primary care refer into WISH?

### The Trinity Walk Clinic reception is open:

- |             |               |            |               |
|-------------|---------------|------------|---------------|
| ■ Monday    | 08:00 – 19:00 | ■ Thursday | 08:00 – 19:00 |
| ■ Tuesday   | 12:00 – 19:00 | ■ Friday   | 08:00 – 16:00 |
| ■ Wednesday | 08:00 – 19:00 |            |               |

View our opening times  
[www.sexual-health.co.uk](http://www.sexual-health.co.uk)

### Referrals can be made by:

- Telephone call: Contact Trinity Walk Clinic on **0800 121 4860** – ideal for urgent or soon referrals.
- Referral letter:
  - Email – please email to [spectrum.cash@nhs.net](mailto:spectrum.cash@nhs.net) – ideal for soon or routine referrals.
  - Post – please address to Referrals, Trinity Walk Clinic, Unit LG1A Trinity Walk Shopping Centre, Wakefield WF1 1QS – ideal for routine referrals.
- Given to patient: Please ask the patient to bring the letter with them when they attend clinic.
- Self-referral: Patients can be advised that they may 'self-refer' by ringing the clinic.
- If there is a formal telephone or written referral and / or a copy of any relevant results, a written reply will be sent to the referrer with a diagnosis/treatment plan etc. In addition, if the service receives a referral in advance of the patient attending, non-attendance can be followed up and actioned appropriately.

### How do primary care arrange for a patient with a positive syphilis/GC/BBV to be seen?

- Contact the clinic on **0800 121 4860** and ask to speak to a Health Adviser. If no-one from the Public Health team is available, reception will take referrer and patient details and a team member will contact you as soon as possible for further details and arrange for the patient to attend clinic.

# What training is available from WISH?

A number of different training opportunities are offered by the service.

## Theory courses:

### Sexually transmitted Infections Foundation (STIF)

Face-to-face/virtual

Aimed at primary care staff wishing to develop skills in managing sexually transmitted infections, the STIF core day covers basic diagnostic tests and common infections, whilst the STIF plus day covers blood borne viruses, sexual assault and safeguarding.

### FSRH Essentials

Face-to-face/virtual

Aimed at primary care practitioners wishing to increase their basic contraception knowledge, this course will provide with the tools to know what to do when seeing patients needing contraception, STI testing or emergency contraception.

Programmes and application forms have been circulated to Wakefield GP practices and are available on the FSRH website ([www.fsrh.org](http://www.fsrh.org))

### Fitters Forums

Face-to-face/virtual

Aimed at primary care staff who hold the FSRH Letters of Competence in Intrauterine techniques (LoC IUT) and/or in Subdermal Implants (LoC SDI), these courses provide an update and refresher in insertion and removal of contraceptive devices and associated problems.

Programmes and application forms will be circulated to GP practices in due course.

### DFSRH Training

This training includes practical sessions and clinical supervision, to enable candidates to pass the practical and theoretical parts of the DFSRH.

## Practical clinical training sessions:

### Practical training sessions for the Diploma of the Faculty of Sexual and Reproductive Healthcare (DFSRH)

These take place at Trinity Walk Clinic with one of our Faculty Registered Trainers.

Please contact the clinic for details of times, dates available and costs.

### Practical training for LoC IUT and LoC SDI

These sessions take place at Trinity Walk Clinic with our Faculty Registered Trainers. Please contact the clinic for further details of available sessions and costs.

### STIF competency sessions

These take place at Trinity walk Clinic with our Registered STIF Trainer. Please contact the clinic for details of sessions and costs.

## Other training

Our team are happy to consider bespoke training sessions either at Trinity Walk Clinic or at individual GP practices or groups of practices. Please contact us to discuss your requirements.

## Who do we contact to access it? How do we book onto training?

If you are interested in any of these courses or practical sessions, please visit the BASHH and FSRH websites and contact Trinity Walk Clinic on 0800 121 4860.

## What training has already been done this year?

We have had GPs attend clinic for practical training and refresher training for their FSRH LoCs and practical DFSRH training is upcoming. We have made representation to provide a sexual health update at the local primary care TARGET events.

# Sexual Health Prevention & Outreach

## Relationship & Sex Education

Spectrum's RSE programme ensures students attain applicable preventative knowledge. Lesson plans are age appropriate, incremental in building knowledge and are evidence based. Content will focus on the concepts and laws surrounding sex and consent, developing an awareness of LARC and an improved understanding of health care options, confidentiality and safeguarding principles. These are intended to keep young people safe and equip them for healthy and fulfilling relationships. The RSE programme contributes to reducing under 18 conceptions, increased LARC prescribing, impacts on Chlamydia Detection Rate (15-24 year olds), HIV Late Diagnosis and New STIs Diagnosis.

To request a visit from the RSE Team, contact **Andi Cope** at [Andi.Cope@spectrum-cic.nhs.uk](mailto:Andi.Cope@spectrum-cic.nhs.uk) or [RSE-Team@spectrum-cic.nhs.uk](mailto:RSE-Team@spectrum-cic.nhs.uk)

## Vulnerable Groups Outreach

Our vulnerable group interventions are designed to provide alternative or first step services that bridge the gap into mainstream clinics and improves access to STI testing and contraception.

*The outreach team works with all vulnerable groups, for example:*

- Young people in the 'looked after' system, or on a child protection/child in need/CAF plan, that are poor at accessing and engaging with mainstream services,
- Young people identified as displaying risk taking behaviour who will not access mainstream services and need additional support,

- Clients that have mental health and/or alcohol or substance misuse issues that impacts on their engagement with mainstream services,
- Clients with a learning disability/difficulty that affects their engagement with mainstream services,
- Commercial sex workers,
- Asylum seekers and refugees,
- LGBTQ+ individuals
- BAME communities

Please contact **Elaine Gallagher** (Outreach Coordinator) at [Elaine.Gallagher@spectrum-cic.nhs.uk](mailto:Elaine.Gallagher@spectrum-cic.nhs.uk)

## Wakefield HIV Support & Prevention Service

### Support

BHA for Equality supports people living with HIV in Wakefield. We have a team who can offer emotional and practical support with a support worker. We provide 1-2-1's which could take place in person, over the phone or digitally. We can offer home visits for the most vulnerable clients along with counselling and peer support or these that need someone to talk with about HIV and other issues in their life. We also run support group sessions. We have support for new mums, information sessions and activities.

### Prevention

As a part of our HIV prevention service we will offer information, advice and support to improve and maintain good sexual health. With training and group work to





support knowledge, skills, and confidence in using prevention tools and a safe space to explore the feelings and challenges we face. We provide access to free condoms, lube and other safer sex resources. We provide HIV testing through regular community-based testing sessions and events-based pop-up clinics. Training, workshops, and courses are also available – a range of activities to support sexual health, safer sex and confidence in improvement, learn new skills.

Referrals for HIV support can be made here [www.thebha.org.uk/secure-referral](http://www.thebha.org.uk/secure-referral) or contact Support Worker, **Mark Hood** at: [mark@thebha.org.uk](mailto:mark@thebha.org.uk) or **07470626175**

General HIV support and prevention advice contact **Rebecca Pang** at: [Rebecca.Pang@thebha.org.uk](mailto:Rebecca.Pang@thebha.org.uk) or **07770 549554**

## Sexual Awareness Coercion & Prevention

The RSEPECT programme focuses on increasing confidence, ability to access support, understanding of health prevention and increased sense of self-agency. The RSEPECT programme is a delivered intervention by Spectrum's specialist CSE worker and can be via group work or 1-2-1 (face to face or accessed digitally).

A referral pathway, including criteria, can be accessed from **Esther Mahle** at: [Esther.Mahle@spectrum-cic.nhs.uk](mailto:Esther.Mahle@spectrum-cic.nhs.uk) or **07935 207922**.

## Substance Misuse Prevention & Education

The team is responsible for delivering innovative alcohol and drugs education and training to young people, promoting good mental health, reducing vulnerability and developing resilience. They work in partnership with local organisations including schools, Youth Offending Teams, and statutory and voluntary Young People's Services, being proactive in identifying young people at risk in local communities.

Please contact [Andrew.Simms@spectrum-cic.nhs.uk](mailto:Andrew.Simms@spectrum-cic.nhs.uk) for more information.

## HIV Support and Prevention Training

### Peer mentoring Training

A three-day peer mentor training course that is available to all those living with HIV who would like to learn to support others. This peer mentor training can be adapted to train peer mentors who live with other long-term conditions.

### Living well with HIV

A one day course open to all those in Wakefield living with HIV covering Dealing with Diagnosis, The Science of HIV, Treatment & U=U, Talking About HIV, Raising self-confidence and self-esteem.

### HIV knowledge and awareness training

A training to update and upskill employees, available to all third sector, public and private organisations to build your teams knowledge and understanding about HIV and the issues surrounding it. This course can be adapted to suit your organisation's needs.

For all training course enquiries contact **Rebecca Pang** at: [wakefield@thebha.org.uk](mailto:wakefield@thebha.org.uk)



# Who can we ring for advice?

@SpectrumSHARP

If you have any queries at all about any aspect of sexual health, please contact **Trinity Walk Clinic on 0800 121 4860** any time during clinic opening hours (see page two for times).

## Key members of the clinic team are:

| AREA   | ROLE  | NAME                         | CONTACT DETAILS   |
|--|---|------------------------------|---|
| Integrated Sexual Health Clinical Advice   | Consultant<br>GUM Lead<br>Clinical Lead for WISH<br>STIF Competency Trainer   | Tana Green                   | Please ring reception.<br><br>0800 121 4860<br><br>If the person you wish to speak to is not available the reception staff will either put you through to someone else who can help or will arrange for you to get a call back as soon as the person you need is available. |
| We encourage Primary Care colleagues to refer all patients either suspected of having or diagnosed with an STI to the Wakefield Integrated Sexual Health (WISH) service for management. This includes screening / testing, treatment, partner notification and test of cure where appropriate.<br><br>All patients who have positive gonorrhoea or syphilis test results must be referred into WISH for treatment, partner notification and follow-up. Chlamydia and Trichomonas can be treated in primary care if you are confident in doing this, but these patients should be referred to WISH for partner notification and test of cure. We can also advise on the pathways for the management of Hepatitis B and C, and for HIV, and can help with giving unexpected or difficult positive results. |   |                              |   |
| Integrated Sexual Health Clinical Advice   | Associate Specialist<br>Contraception Lead<br>FSRH Faculty Registered Trainer | Katie Fermor                 |   |
| We see patients for all aspects of complex contraception including difficult coil removals and fittings. We are no longer commissioned to provide a service fitting the IUS for heavy menstrual bleeding alone. These patients should be referred to the Gynaecology service at Mid Yorkshire Hospitals.   |   |                              |   |
| Public Health Team   | Senior Health Advisor<br>Health Advisor                                       | Amanda Green<br>Jane Tindall |   |
| The Public Health team deal with all aspects of management of positive STI results including arranging appointments, giving results, partner notification, follow up visits and test of cure. They also manage Health Promotion including giving safe sex advice, advising on risk reduction and counselling patients whose psychological wellbeing is adversely affected by an STI diagnosis.   |   |                              |   |
| New LARC contracts   | Cluster Head of SH Services   | Belinda Loftus               | 01924 311400  |
| Existing LARC contracts payment enquiries  | Finance Assistant   | Jo-Anne Osborne              | 01924 675156  |
| Existing LARC contracts invoices and claim forms   | Administrative Assistant  | Adele Millward               | 01924 846651  |