

# PCN DES Brainstorm



Brainstorm ideas to present to the PCN on how  
Community Pharmacy can support the objectives and  
goals for the PCN local and national services

# Leading Change



**STRUCTURED  
MEDICATION  
REVIEWS**



**ENHANCED  
HEALTH IN CARE  
HOMES**



**SUPPORTING  
EARLY CANCER  
DIAGNOSIS**



**VACCINATION  
REFORMS**

# Structured Medication Reviews & Medicine Optimisation



# Structured Medication Reviews

- ▶ Structured Medication Reviews (SMRs) are a NICE approved clinical intervention that help people who have complex or problematic polypharmacy. Evidence shows that people with long term conditions using multiple medicines have better clinical and personal outcomes following an SMR.
- ▶ Professionals who undertake Structured Medication Reviews will need to have a **prescribing qualification, advanced assessment and history taking skills** – or be enrolled in a current training pathway to develop these skills:
  - ▶ **Clinical Pharmacists**
  - ▶ **General Practitioners**
  - ▶ **Advanced Nurse Practitioners**

# Structured Medication Reviews

## Target Patients

Care Homes

Poly-pharmacy (10+)

Medication Errors

Severe Frailty

Recent Hospital Admissions

Addictive Pain Management

## Proposed Metrics

Anti-microbial Medication

Metered Dose Inhalers

Dependency Medicines

OTC/ Low Priority Medicines

Number of SMR's

# OTC Products Not Routinely Prescribed

NHS Clinical  
Commissioners  
The national collective body of clinical commissioning groups

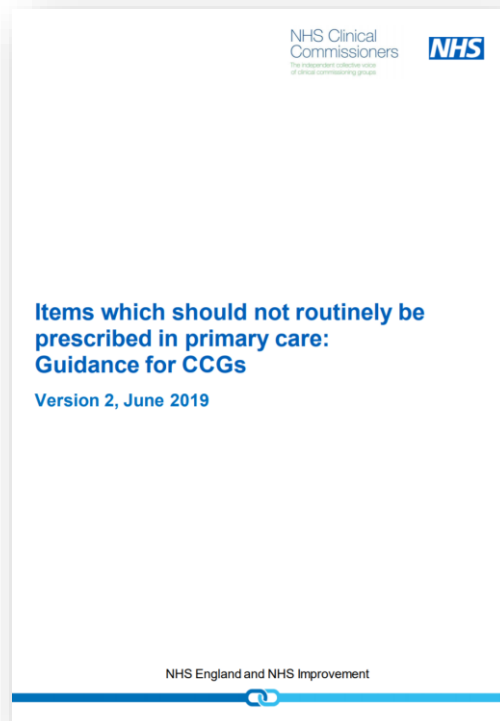
**NHS**  
England

Conditions for which over the counter  
items should not routinely be prescribed  
in primary care:  
Guidance for CCGs

Conjunctivitis	VMS	Cold Sores	Coughs, colds, nasal congestion	Cradle cap	Haemorrhoids	Colic
Mild Cystitis	Mild Irritant Eczema	Diarrhoea	Dry/ sore eyes	Ear Wax	Head Lice	Indigestion & Heartburn
Infrequent Constipation	Infrequent Migraine	Mild Acne	Mild Dry Skin	Mild to Moderate Hay Fever	Minor burns/ scalds	Mild- moderate pain
Oral Thrush	Ringworm/ Athletes Foot	Threadworms	Travel Sickness	Warts & Vercuccae	Sun Protection	Teething/ Mild Toothache



# Rx Items Not Routinely Prescribed



Aliskiren	Amiodarone	Bath & Shower Products for Dry/ Pruritic Skin	Co-Proxamol	Dosulepin	Fentanyl IR
Glucosamine & Chondroitin	Herbal Treatments	Homeopathy	Lidocaine Plasters	Liothyronine	Lutein & Antioxidants
Minocycline for Acne	Needles for Pre-Filled & Reusable Insulin Pens	Omega-3 Fatty Acid Compounds	Oxycodone/ Naloxone Combination	Paracetamol/ Tramadol Combination	Perindopril Arginine
Rubefacients (excluding topical NSAID's)	Silk Garments	Once Daily Tadalafil	Travel Vaccines	Trimipramine	Doxazosin MR

**GP CPCS to be rolled out this autumn and is linked to the structured medication review DES (which also charges PCNs with linking with the NMS service)**

**LATEST**



**NEWS**



# Enhanced Health in Care Homes (EHCH)



# Enhanced Health in Care Homes (EHCH)

- ▶ 1 in 7 people aged 85 or over permanently live in a care home
- ▶ People living in care homes account for 185,000 **emergency admissions** each year and 1.46 million **emergency bed days**, with 35-40% of emergency admissions being potentially **avoidable**
- ▶ Evidence suggests that many **people living in care homes are not having their needs assessed and addressed** as well as they could be
  - ▶ **unnecessary, unplanned and avoidable admissions to hospital**
  - ▶ **sub-optimal medication regimes.**

# Enhanced Health in Care Homes (EHCH) Outcomes

- ▶ **Improve the experience, quality and safety of care** for people living in care homes, their families and their carers
- ▶ **Reduce avoidable ambulance journeys, A&E attendances and emergency admissions to hospital** for people living care home residents
- ▶ **Improve sub-optimal medication regimes** in care homes
- ▶ **Support more people living in care homes to die in a place of their choosing.**

Did you know...  
pharmacist-led  
medicine reviews have  
been shown to lead to a  
reduction in the  
number of falls in care  
homes



# Enhanced Health in Care Homes Metrics



- ▶ The **rate of emergency admissions** for people living in care homes
- ▶ The **rate of urgent care attendances** for people living in care homes
- ▶ The proportion of people living in a care home who have a **personalised care and support plan** in place
- ▶ The number of people living in a care home who receive an appointment as part of the **weekly care home round**
- ▶ The number and proportion of people living in a care home who receive a **structured medication review**
- ▶ The number and proportion of people living in a care home who receive a **delirium risk assessment**

# EHCH Timeline & Objectives

## Partnership Plan

PCN to agree a simple plan about how the service will operate with local partners

By JULY 2020

By SEPT 2020

## Personalised Care Plans

PCN MDT develop and agree plan with new residents with 7 days of admission or readmission

By SEPT 2020

From SEPT 2020

## Shared Learning

Continued Professional Development within PCN to improve service

From SEPT 2020

From SEPT 2020

## Multi-Disciplinary Team

The PCN will work with community service providers to establish and coordinate a multidisciplinary team

## Weekly Home Rounds

Weekly home rounds with prioritized residents

## Support Transfer of Care

The PCN will support discharge from hospital and transfers of care between settings





# Early Cancer Diagnosis

# Early Cancer Diagnosis

Primary care has a vital role to play in delivering the ambition that, by 2028, the proportion of cancers diagnosed at stages 1 and 2 will rise from around 50% to 75% of cancer patients

## Referral Practice

Review the quality of their referrals

Ensure a consistent approach to monitoring patients who have been referred urgently

All patients are signposted to or receive information on their referral

## Screening Uptake

Contribute to improving local uptake of National Cancer Screening Programmes

Working with local system partners

Build on any existing actions across practices

## Community of Practice

Support referral practice review and screening uptake through a community of practice

Conduct peer to peer learning events

Support engagement with local system partners



# Supporting Early Cancer Diagnosis Metrics



- ▶ The proportion of cancers diagnosed at early stage (stage 1 and 2) – progress towards local Cancer Alliance target
- ▶ PCN-level participation in breast, bowel and cervical screening programmes
- ▶ Proportion of urgent cancer referrals that were safety netted
- ▶ The number of new cancer cases treated that have resulted from a two week wait referral (the 'detection' rate)
- ▶ The number of two week referrals resulting in a diagnosis of cancer
- ▶ Number of cancers diagnosed via emergency presentation



# **Biggest Ever Flu Vaccination Program**



# Vaccination Reforms

## Target Patients

- All children aged 2 to 10
- Clinical risk groups (6mths >65yrs)
- Pregnant women
- 65 years and over
- Care home residents
- Carers
- Close contacts of immunocompromised individuals
- Health and social care staff at care homes

- ▶ PCN Named Lead
- ▶ PCN Collaboration agreement
- ▶ Appointment Accessibility
- ▶ Vaccination Reminders
- ▶ National Catchup Campaigns
- ▶ Record Keeping
- ▶ Fixed IoS Fee
- ▶ Aligned Incentives