

## Leeds 3 in 1 Scheme

### Information and Frequently asked Questions



#### **What is the 3 in 1 scheme and why was it introduced?**

The 3 in 1 scheme allows trained individuals within organisations working with young people to offer free condoms, pregnancy testing and chlamydia/gonorrhoea testing from their site. The scheme means 13-24 year olds can access young people friendly sexual health support and guidance from a range of locations across the city. Young people who prefer to go somewhere locally, to a non-clinical setting or to speak to professionals they already know and trust can do so and have the choice of locations.

#### **How do sites become a 3 in 1 site?**

Sites must read through the quality standards to make sure they can meet all of the requirements needed to become a 3 in 1 provider.

All sections of the application form need to be filled in and signed off by a manager. Forms can then be posted back to Kerry Swift at **Sexual Health Team (Public Health), Merrion House, 4<sup>th</sup> Floor West, 110 Merrion Centre, Leeds, LS2 8BB** or email

[Kerry.swift@leeds.gov.uk](mailto:Kerry.swift@leeds.gov.uk)

Applications are reviewed by the scheme manager and then staff will be invited to attend 3 in 1 training.

#### **What is covered on the 3 in 1 training?**

The training is either a full day or spread over 2 half day sessions and covers attitudes and values, sex & the law, Fraser competencies and consent & confidentiality as well as the practicalities of providing the scheme and filling in monitoring forms.

The training includes lots of practical activities which are designed to increase confidence and skills in delivering brief intervention work with young people.

Staff are required to attend refresher training every 3 years.

#### **What sort of organisation can join the 3 in 1 scheme?**

Any organisation who is based in Leeds and that works with young people aged between 13-24 is eligible to join the scheme. You do not have to be a clinician or sexual health expert as all of the schemes are designed to be delivered by non clinical, community based staff.

#### **Can Schools & Colleges join the 3 in 1 Scheme?**

Schools and colleges are in an excellent position to provide the scheme, however, they still need to meet the quality standards which includes providing a confidential service.

Sometimes this can conflict with the school's/college's confidentiality policy. An example of this is if a young woman has a positive pregnancy test, some schools and colleges would automatically inform parents which would be against the 3 in 1 principles and guidelines. Before membership is granted, the scheme co-ordinators would need confirmation in writing from the head teacher/senior leadership that the school were aware of and are happy to operate within the 3 in 1 guidelines as a member of the scheme.

### **Can GPs and pharmacies join the 3 in 1 scheme?**

GP Surgeries and Pharmacies are more than welcome to join the scheme; however there is no payment for running the scheme. The scheme would be run separately to any enhanced service arrangements. All of the equipment to run the scheme is provided by Leeds City Council. Often GPs run the scheme as part of a young person's drop in staffed by Nurses and/or Health Care Assistants.

### **What is expected of sites once the site is established?**

Sites are expected to meet the quality standards that they have signed up to which includes submitting monthly monitoring as well as notifying the Sexual Health Team of any changes to advertised opening times, address details or named workers.

### **Do we have to offer the service to all young people?**

There is an option to have an open service for all young people or sites can choose to restrict the service to their service users only. Most sites are advertised on the services map which is hosted on [www.leedssexualhealth.com](http://www.leedssexualhealth.com) but details can be given as to who the service is available to, or sites can be left off if more appropriate.

### **How are services monitored?**

Services are mainly monitored via monthly monitoring but we also work with a group of trained young people who conduct regular mystery shops on our behalf. We are also developing a feedback mechanism on [www.leedssexualhealth.com](http://www.leedssexualhealth.com) so that young people can comment on the services that they receive.

### **Does it cost anything?**

No, the scheme is free and all resources are provided. The only thing that you need to provide is the staff, venues and time.

### **• Who should I contact if I have any further questions?**

For scheme or training application forms contact:

**Kerry Swift – Health Improvement Specialist, Sexual Health Team (Public Health)**

[Kerry.swift@leeds.gov.uk](mailto:Kerry.swift@leeds.gov.uk) 0113 3786066