

Definitions Bradford Stop Smoking Service

Self-reported 4-week quitter	A person assessed 4 weeks after the designated quit date (minus 3 days or plus 14 days) and declares that s/he has not smoked even a single puff on a cigarette in the past 2 weeks.
CO-verified 4-week quitter	A person assessed 4 weeks after the designated quit date (minus 3 days or plus 14 days) who has his/her expired-air CO is assessed 4 weeks after the designated quit date (minus 3 days or plus 14 days) and found to be less than 6ppm ¹ . NB A pharmacy should have at least 85% of their quits CO validated
Lost to follow up	A person who at the time of attempting to determine the 4-week quitter status cannot be contacted.
Not quit	A person who is assessed 4 weeks after the designated quit date self-declares that they continue to smoke or have an expired-air CO assessed as over 6ppm ¹ .

First appointment date	Date on which the pharmacy advisor has the first formal consultation with the smoker. A quit date may or may not be set at during this consultation.
Quit date	The defined date, agreed between the person and advisor, at which the person will stop smoking.
Date last used tobacco	Actual date that person last used tobacco (this may or may not be the same as the quit date).
Date of 4 week follow up	The date of the consultation around four weeks following the designated quit date set by the client and advisor. The date of this consultation can be between 25 and 42 days after the quit date. THIS IS WHEN THE 4 WEEK OUTCOME SHOULD BE RECORDED ON PHARMOUTCOMES

¹ The CO monitors provided to pharmacy by the Stop Smoking Service have a range reading with 0-6ppm registering as non-smoker and 7ppm and above a smoker